

**Marlene Steinberg, M. D.**  
*Medical Director and Founder*  
*Steinberg Center for Emotional Recovery*  
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### **Education**

- Bachelor of Arts, *Brooklyn College*, Brooklyn, New York, Summa Cum Laude, 1974
- Doctor of Medicine, *Albert Einstein College of Medicine*, New York, 1981
- Internship, Psychiatry, *Albert Einstein College of Medicine*, Jacobi Hospital, NY, 1981-82
- Residency, Psychiatry, *Yale School of Medicine*, New Haven, CT, 1982-85
- Postdoctoral Fellow, *Yale School of Medicine*, Community Mental Health and Clinical Research, 1985-87
- Research Fellow, *Yale School of Medicine*, Substance Abuse Treatment Unit, 1988 – 89  
Treatment of clients with substance dependence and substance abuse using cognitive techniques including relapse prevention. Most clients had alcohol and/or various drug problems and co-occurring psychiatric disorders. Participation in clinical research of clients with histories of cocaine dependence.

### **Certification**

- Diplomate, American Board of Psychiatry and Neurology, 04/1992
- Active License: Florida

### **Professional Honor**

- Elected by peers for inclusion in *Best Doctors in America*, 1994 to present
- *Member, American Psychiatric Association's Advisory Committee for DSM-III, DSM III-R, and DSM-IV Dissociative Disorder section. Diagnostic and Statistical Manual of Psychiatric Disorders*, American Psychiatric Association Press, Wash., D.C., 1988–1994
- *President's Award of Distinction* in recognition of exceptional contributions to the International Society for the Study of Dissociation. Presented at the 11th annual meeting of the International Society for the Study of Dissociation, November 4, 1994, Chicago.
- *Seymour Lustman Research Award*, Department of Psychiatry, Yale School of Medicine, Awarded for excellence in research during the Yale residency, 1986

### **Grants Awarded: National Institute of Mental Health (NIMH)**

\$2,000,000 in grants awarded including grants for the following research:

- Principal Investigator, *The Structured Clinical Interview for DSM-III-R Dissociative Disorders*, National Institute of Mental Health, Type: R29, First Independent Research Support and Transition Award, Period: 4/1/89 - 3/31/92

### **Service To The Profession**

- Grant Reviewer, National Institute for Mental Health
- Journal Referee:
  - The American Journal of Psychiatry*
  - Bulletin of the Menninger Clinic*
  - Dissociation*
  - Psychological Science*
  - Social Psychiatry and Psychiatric Epidemiology*
  - Journal of Trauma and Dissociation*
  - Journal of Nervous and Mental Disorders*
  - Journal of Neuropsychiatry and Clinical Neuroscience*

### **Faculty / Professional Positions**

- Clinical Instructor, *Yale School of Medicine*, Psychiatry, 1987-1989
- Associate Research Scientist, *Yale School of Medicine*, Psychiatry, 1989-1997
- Research Affiliate in Psychiatry, *Yale School of Medicine*, 1997-2000
- Research Associate Professor of Psychiatry, *University of Massachusetts Medical School*, 1997-2001
- Associate Clinical Professor in Psychiatry, *University of Massachusetts Medical School*, 2001-2003

### **Consultancy**

- Depression Research Unit, *Yale School of Medicine*, Director - Myrna Weissman, Ph.D., Psychiatrist in double-blind clinical trials using short-term interpersonal therapy standardized rating scales for depression, 1985-1987
- *New Haven Halfway House*, New Haven, CT, 1985-1987
- APT Foundation, *Yale School of Medicine*, Treatment of cocaine abuse patients using short term therapy and relapse prevention techniques in double blind clinical trials, 1987-1989
- *East Haven Human Services*, East Haven, CT, Supervision, teaching and medical back-up to mental health professionals, 1990-1992

### **Private Practice**

- Medical Director, *Steinberg Center for Emotional Recovery*, Naples, FL, 2009 - Present
- Private practice, Northampton, MA, 1998 - 2008
- Private practice, New Haven, CT, 1985 - 1998

### **Author, Publications**

#### • **Books**

Steinberg M, Schnall M: The Stranger in the Mirror: Dissociation - The Hidden Epidemic, Harper Collins, 2001, 2000. *Translations: Spanish, Italian, Chinese*

Steinberg M: Handbook for the Assessment of Dissociation: A Clinical Guide. Washington, D.C., American Psychiatric Press, 1995

Steinberg M: The Structured Clinical Interview for DSM-IV Dissociative Disorders-Revised (SCID-D). Washington, D.C., American Psychiatric Press, Second Printing, 1994, 1993, *SCID-D translations are available in ten languages.*

Steinberg M: The Interviewer's Guide to the Structured Clinical Interview for DSM-IV Dissociative Disorders- Revised. Washington, D.C., American Psychiatric Press, Second Printing, 1994, 1993

- **Book Chapters/ Journal Publications**

Steinberg, M, Siegel, H: Advances in Assessment: The differential diagnosis of Dissociative Identity Disorder and Schizophrenia, in Psychosis, trauma and dissociation: Emerging Perspectives on Severe Psychopathology. Editor: Moskowitz, A., Wiley, UK First edition, 2008; Second edition, in press

Steinberg M: Depersonalization, in Encyclopedia of Stress, Academic Press, San Diego, CA, 660-665, 2006

Steinberg, M., Barry D, Sholomskas D, Hall P: SCID-90 Symptom patterns: Indicators of Dissociative Disorders, *Bulletin of the Menninger Clinic*, vol. 69, No. 3, 2005, 237-249

Steinberg M: Advances in Assessment of Dissociation in Trauma Survivors and PTSD, in Assessing Psychological Trauma and PTSD: A Handbook for Practitioners. Edited by Wilson J and Keane T., New York, Guilford Press, 2005

Steinberg M, Hall P, Lareau C, Cicchetti, D: Recognizing the Validity of Dissociative Symptoms and Disorders using the SCID-D-R: Guidelines for Clinical and Forensic Evaluations. *Southern California Interdisciplinary Law Journal*, Vol 10, 133-149, 2001

Steinberg M: Depersonalization, in Treatment of Psychiatric Disorders. Edited by Gabbard G., Washington, D.C., American Psychiatric Press, 1695-1714, 2001

Steinberg, M: Psychogenic Amnesia, Kaplan & Sadock's Comprehensive Textbook of Psychiatry- Seventh Edition. Edited by Sadock B, and Sadock V. Lippincott Williams & Wilkins, New York, 1544-1548, 2000

Steinberg M: Advances in Diagnosing and Treating Dissociative Disorders: The SCID-D-R. *Bulletin of the Menninger Clinic*. 146-163, Spring 2000

Steinberg, M: Depersonalization Disorder, in Kaplan & Sadock's Comprehensive Textbook of Psychiatry- Seventh Edition. Edited by Sadock B, and Sadock V. Lippincott Williams & Wilkins, New York, 1564-1569, 2000

Putnam F, Noll J, Steinberg, M: Dissociative Disorders Measures, in Handbook of Psychiatric Measures, American Psychiatric Association, Wash, DC, 617-630, 2000

Steinberg M: Depersonalization, in Encyclopedia of Stress, Academic Press, San Diego, CA, 660-665, 2000

Steinberg M, Hall P: The SCID-D diagnostic interview and treatment planning in dissociative disorders. *Bulletin of the Menninger Clinic*, 1996.

- Steinberg M: Assessment of Dissociation in Trauma Survivors and PTSD, in Assessing Psychological Trauma and PTSD: A Handbook for Practitioners. Edited by Wilson J and Keane T., New York, Guilford Press, 1996
- Steinberg M: Treatment of Depersonalization, in Synopsis of Treatment of Psychiatric Disorders: The DSM-IV Edition. Edited by Gabbard G, Washington, D.C., American Psychiatric Press, 1996
- Steinberg M: Psychological assessment of dissociative disorders, in Handbook of Dissociation: Theoretical, Empirical, and Research Perspectives. Edited by Michelson LK, Ray WJ, New York, Plenum Press, 1996
- Steinberg M: Psychological assessment of dissociative disorders in children and adolescents, in Psychiatric Clinics of North America. Edited by Putnam F and Lewis D, 1996
- Steinberg M, Steinberg A: Systematic Assessment of Dissociative Identity Disorder in Adolescents Using the SCID-D: Three Case Studies. *Bulletin of the Menninger Clinic*, Volume 59, Number 2, Spring 1995, 221-251
- Steinberg M: Depersonalization, in Treatment of Psychiatric Disorders. Edited by Gabbard G. Washington, D.C., American Psychiatric Press, 1995, 633-1653.
- Hall P, Steinberg M: Systematic Assessment of Dissociative Symptoms and Disorders in a Clinical Outpatient Setting. *Dissociation*, June 1994
- Steinberg M, Rounsaville B, Buchanan J, Raakfeldt J, Cicchetti D: Distinguishing between Multiple Personality and Schizophrenia using the Structured Clinical Interview for DSM-IV Dissociative Disorders, *Journal of Nervous and Mental Disorders*, Sept. 1994, 495-502
- Steinberg M, Bancroft J, Buchanan J: Multiple Personality Disorder in Criminal Law. *The Bulletin of the American Academy of Psychiatry and the Law*. Vol. 21, No. 3: 345 - 355, 1993
- Steinberg M: Systematizing Dissociation: Symptomatology and Diagnostic Assessment, in Dissociation: Culture, Mind and Body. Edited by Spiegel D, Wash., D.C., American Psychiatric Press, 1994
- Steinberg M, Cicchetti D, Buchanan J, Hall P, Rounsaville B: Clinical assessment of dissociative symptoms or disorder: The *Structured Clinical Interview for DSM-IV Dissociative Disorders (SCID-D)*. *Dissociation*. Vol. VI, No. 1, 3-15, March 1993
- Bremner D, Steinberg M, Southwick S, Charney D: Systematic assessment of dissociative symptoms in PTSD using the Structured Clinical Interview for DSM-III-R Dissociative Disorders, *The American Journal of Psychiatry*, July 1993
- Kosten T, Steinberg M, Diakogiannis I: A Controlled Trial of Mazindol for Cocaine Abuse. *The American Journal on Addictions*. 1993

Steinberg M, Rounsaville B, Cicchetti D: Detecting dissociative disorders in psychiatric patients. A comparison of a screening instrument and a structured diagnostic interview. *The American Journal of Psychiatry*. August 1991

Steinberg M: Commentary on Toth and Baggaley. *Psychiatry*. 54: 184-186, 1991

Steinberg M: The Spectrum of Depersonalization: Assessment and Treatment, in *Psychiatric Update (Volume 10)*. Edited by Tasman, A., Wash., D.C., American Psychiatric Press, 1991

Steinberg M, Rounsaville B, Cicchetti D: The Structured Clinical Interview for DSM-III-R- Dissociative Disorders: Preliminary report on a new diagnostic instrument. *The American Journal of Psychiatry* 147: 76 - 82, 1990

Steinberg, M, Diakogiannis I, Kosten T: Mazindol in the Treatment of Cocaine Abuse: A Double Blind Investigation. *Proceedings of the Committee on Problems of Drug Dependence, NIDA Research Monograph*, Rockville, MD: National Institute on Drug Abuse, 1990.

- **Presentations**



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- Madrid, Nov. 25, 2011





**Over 120 presentations at national and international conferences** including keynote address, grand rounds and workshops in the Diagnosis and Treatment of Post-traumatic Disorders and Differential Diagnosis of Dissociative versus Psychotic Disorders. Selected presentations include:

*American Psychological Association, Annual Meeting, Course Director: Dissociative Disorders: Assessment, Diagnosis, and Informed Treatment for Clinicians, Forensic Evaluators, and Researchers, Orlando, Florida, August 2012*

*XVI Annual Course of Schizophrenia, Plural Identity, Dissociation, Psychoses, Foundation for the Investigation and Treatment of Schizophrenia and other Psychotic Disorders and The International Society for the Psychological Treatments of Schizophrenia and other Psychoses, Two Plenary Presentations: 1) Distinguishing Between Psychotic and Dissociative Disorders: The SCID-D Assessment; 2) Distinguishing Dissociative Markers Within Apparently Psychotic Symptoms, Madrid, Spain, Nov. 25<sup>th</sup>, 2011.*

*XVI Annual Course of Schizophrenia, Plural Identity, Dissociation, Psychoses, Foundation for the Investigation and Treatment of Schizophrenia and other Psychotic Disorder and The International Society for the Psychological Treatments of Schizophrenia and other Psychoses, Workshop: 3 hours, Training in the Structured Clinical Interview for DSM-IV-R [and Proposed DSM-V] Dissociative Disorders (SCID-D-R): Assessment, Diagnosis and Therapy, Madrid, Spain, Nov. 24<sup>th</sup>, 2011.*

Steinberg M: *Florida Psychiatric Society, Annual Meeting. Plenary presentation and seminar on Advances in Identifying Post-traumatic Dissociative Symptoms: The SCID-D-R, Orlando, Nov. 2009*

*American Psychological Association's Annual Meeting, Workshop Director: 4 hour workshop. Systematic Assessment of Post-traumatic Symptoms: The SCID-D, August 2008,*

*Harvard Medical School, Department of Continuing Education, Plenary presentation: Raising the Standard of Care for Post-traumatic Dissociation: Advances in Diagnosis and Treatment. Conference: Psychological Trauma: Assessment and Effective Treatment of Simple and Complex Trauma Related Disorders, Boston, MA, Sept 9, 2006*

*Harvard Medical School, Department of Continuing Education, Workshop: Accurate Detection and Treatment of Dissociation: The SCID-D. Conference: Psychological Trauma: Assessment and Effective Treatment of Simple and Complex Trauma Related Disorders, Boston, MA, Sept 9, 2006*

*University of Massachusetts at Amherst, Student Health Services, Case consultation and presentation: 2005 to 2008 (Twice a year to staff and pre and post doctoral students)*

*University of Massachusetts Medical School, Worcester, MA, Grand Rounds, Update on Detecting Posttraumatic Dissociative Disorders, April 18, 2002*

*American Psychiatric Association, Annual Meeting. Invited Symposia Faculty: Assessing Somatoform Dissociation in Abuse Survivors, Detection of Somatoform Dissociation in Trauma Survivors. Washington, DC, May 1999*

*American Psychological Association, Annual Meeting, Course Director: Advances in Detecting Dissociative Symptoms: The Structured Clinical Interview for DSM-IV Dissociative Disorders, Boston, MA, August 1999.*

*University of California, San Francisco. Langley Porter Psychiatric Institute. Grand Rounds: Early Detection of Dissociative Symptoms and Disorder: The SCID-D Interview. Nov. 6, 1996.*